Places to Go for Healthy Outdoor Activity

For our Lemon Road Elementary School Community

~ Your Eco Defense Squad~

These locations are open during the COVID-19 pandemic Phase 2 as of 6/11/2020. Please consider referring to websites below for the most current access information. Please wear a mask and maintain a 6 ft. distance from others to continue following the COVID-19 CDC recommended health guidelines.

a 6 ft. distance from others to continue following the COVID-19 CDC recommended health guidelines.			
Fairfax County Park Options			
Available Activities: Golfing, hiking, walking, running, picnics, camping, fishing Distance from LRES: 14.5 miles Address: 7315 Ox Rd, Fairfax Station, VA 22039 Link for Site: https://www.fairfaxcounty.gov/parks/burke-lake	Howard E. Herman Stream Valley Park Available Activities: hiking, biking Distance from LRES: 2.5 miles Address: 601 West Broad St. or next to 434 Sherrow Ave. Falls Church, VA 22046 Link for Site: https://www.fallschurchva.gov/1548/Howard-E-Herman-Stream-Valley-Park	Huntley Meadows Park Available Activities: hiking, walking, birdwatching, running, watchtower, learn about history Distance from LRES: 18.8 miles Address: 3701 Lockheed Blvd. Alexandria, Virginia Link for Site: https://www.fairfaxcounty.gov/parks/huntley-meadows	
Lake Accotink Park Available Activities: Hiking, walking, biking, birdwatching, running Distance from LRES: 12.2 miles	Olney Park Available Activities: Basketball court, softball court, tennis court, walking, bird watching Distance from LRES: 0.7 miles	Riverbend Park Available Activities: hiking, walking, running, biking, birdwatching, fishing, learn about history Distance from LRES: 12.4 miles	

Address:7500 Accotink Park Rd, Springfield, VA 22150

Link for Site:

https://www.fairfaxcounty.gov/parks/lake-accotink/trails

Address: Address: 1840 Olney Rd, Falls Church, VA 22043

Link for Site:

https://www.fairfaxcounty.gov/parks/picnics/olney

Distance from LRES: 12.4 miles

Address: 8700 Potomac Hills Street Great Falls, Virginia

Link for Site:

https://www.fairfaxcounty.gov/parks/riverbend

<u>Virginia State Park Options</u>			
Caledon State Park	<u>Leesylvania State Park</u>	Mason Neck State Park	
Available Activities: walking, hiking, running Distance from LRES: 71.2 miles	Available Activities: Picnicking, boating, hiking, and visitors center	Available Activities: hiking, biking, fishing, kayaking, canoeing, picnic shelters, cabins & lodges, swimming beaches	
Address: 11617 Caledon Rd, King George, VA 22485 Link for Site: https://www.dcr.virginia.gov/state-parks/caledon	Distance from LRES: 28.3 miles Address: 2001 Daniel K Ludwig Dr, Woodbridge, VA 22191 Link for Site: https://www.dcr.virginia.gov/state-parks/leesylvania	Distance from LRES: 25.6 miles Address: 7301 High Point Rd., Lorton, VA 22079 Link for Site: https://www.dcr.virginia.gov/state-parks/mason-neck	
Natural Tunnel Park	Shenandoah River State Park	Sky Meadows State Park	
Available Activities: hiking Distance from LRES: 403.1 miles	Available Activities: Swimming, fishing, boating, horses, picnic shelters, cabins & lodges, swimming beaches	Available Activities: hiking, running, walking Distance from LRES: 51.2 miles	
Address: 1420 Natural Tunnel Pkwy., Duffield, VA 24244 Link for Site: https://www.dcr.virginia.gov/state-parks/natural-tunnel	Distance from LRES: 68.4 miles Address: 350 Daughter of Stars Dr, Bentonville, VA 22610 Link for Site: https://www.dcr.virginia.gov/st	Address: Sky Meadows State Park, 11012 Edmonds Ln, Delaplane, VA 20144 Link for Site: https://www.dcr.virginia.gov/state-parks/sky-meadows	
	National Parks Options		
Turkey Run Park	Great Falls Park	Theodore Roosevelt Island	
Available Activities: Hiking, biking, walking, bird & butterfly watching Address: Turkey Run Loop McLean, VA 22101 Distance from LRES: 6.7 miles Link for Site: https://www.dgif.virginia.gov/vb wt/sites/turkey-run-park/	Available Activities: walking, hiking, running, biking Distance from LRES: 8.9 miles Address: 9200 Old Dominion Dr, McLean, VA 22102 Link for Site: https://www.nps.gov/grfa/planyourvisit/conditions.htm	Available Activities: wildlife viewing, walking/running, canoeing, kayaking Distance from LRES: 10.9 miles Address: Washington, DC 20037 Link for Site: https://www.nps.gov/this/index.htm	