

October 7, 2022





PTA & School Updates

PTA Board & LRES Administrators



Wellness Initiatives

Nicole Ender & Viola Callanen



Erica McKinney



SEL Screener

Fran Lewandoski

PTA Updates

Principal's Coffee October 7th







How does the PTA support SEL at LRES?

The PTA's mission - as stated by the VAPTA - is "to make every child's potential a reality by engaging and empowering families and communities to advocate for all children"

Or to put it more simply - to support every child in achieving their full potential.

The LRES PTA is absolutely committed to this and it underpins every activity, event, communication and decision we make.



PTA Contributes to support SEL for our Lions

(as well as staff & families)

- Community events
- The Scholarship Fund
- Enrichment Opportunities
- Engagement Opportunities
- Guest Speakers
- Sharing resources
- And more...!



Shop for the Holidays & earn \$\$ for the PTA!!



REGISTER TODAY @ www.registercw.com/gateway

Lemon Road Elementary PTA
Organization ID"

24822

Share & Shop!!

Fundraiser ends October 28th

LRES P.T.A. Monthly Events



2022-2023



August

- 18 Open House
- 22- Armchair Fundraiser
- 22 First Day of School Kickoff

September

- 9 SweetFrog Ice Cream Social
- 7-23 Fall Spirit Wear
- 30 Movie night

October 🞽

5-28 Charleston Wrap Catalog Fundraiser

November

4 - Spooky Movie Night 23-25 Thanksgiving Break

December

19- Winter Break Starts



* January *

20 - BINGO (virtual trivia)

February

24 - Movie Night or Portrait of a Graduate TBD

March

8-24 Spring Spirit Wear 24 - Basketball Game



- April 3-7 Spring Break
- 22 Spring Fair



May

1-5 Teacher & Staff Appreciation Week

une To

16 - Last Day of School



TBD - Kindergarten & New Family Playdates

Upcoming Events:

- Charleston Wrap Catalog Oct 5-28
- PTA General Meeting f/t Ms Ulsh & Ms Straw - Oct 18th
- Storybook Pumpkin Festival Oct 11th
- Restaurant night Plaka Grill Oct 20th
- "Spooky" Movie Night Nov 4th

Q&A

for the

PTA?

If you are attending the meeting online please submit questions in the chat.

If we do not get to your question today please email it to us at lemonroadpta@gmail.com and we will get back to you as soon as we can.

SEL & The CASEL Framework Ms. McKinney, School Counselor

What is SEL?



Social-emotional learning (SEL) is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to:

- develop healthy identities
- manage emotions
- achieve personal and collective goals
- feel and show empathy for others
- establish and maintain relationships
- make responsible and caring decisions

What is Social Emotional Learning?

Social and emotional learning (SEL) is an integral part of education and human development. SEL is the process through which we acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.

SEL advances educational equity and excellence through authentic school-family-community partnerships to establish learning environments and experiences that feature trusting and collaborative relationships, rigorous and meaningful curriculum and instruction, and ongoing evaluation. SEL can help address various forms of inequity and empower young people and adults to co-create thriving schools and contribute to safe, healthy, and just communities.

Core Competencies







The Impact



How SEL is implemented in counseling lessons



Implementation

SEL is taught through weekly/bi-weekly counseling lessons.

Students receive explicit instruction in a variety of topics such as:
Growth Mindset, Relationship
Building, Problem Solving,
Compassion, Empathy, Cultural
Appreciation and Emotional
Regulation.

Lemon Road Wellness Initiatives

Ms. Callanen, Grade 4 Teacher Ms. Ender, Grade 5 Teacher

Responsive Classroom Approaches

Student centered social emotional approach to teaching and discipline



Teacher Language

Reinforcing, Reminding, Redirecting, Modeling



Closing Circle
5 minute reflection

5 minute reflection on the day

Morning Meeting Greet, Share, Activity



Logical Consequences

Positive approach tied to behavior

Success in and Out of the Classroom

Academic

- Growth Mindset
- Perseverance
- Learning Strategies
- Academic Behavior

Emotional

- Empathy
- Self-control
- Respect

Social

- Confidence
- Cooperation
- Responsibility

Morning Meeting - 20 Minutes

- 1. Greeting
- 2. Share
- 3. Activity
- Engages all students
- Promotes peer cooperation
- Customizable connect to content
- Reinforces confidence and respect
- Daily emotional check-in



Closing Circle - 5 Minutes

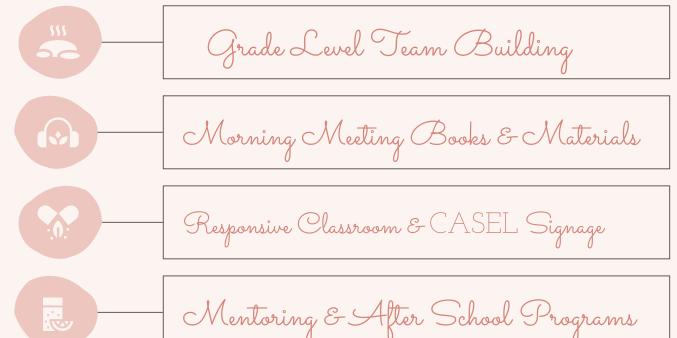
Daily Reflection

- Good, bad, future thoughts
- Builds sense of belonging and empathy
- Validate concerns (non-accusatory)
- Teacher models problem solving
- Student autonomy & responsibility
- End on a positive future focused



Our ESSER-3 Wellness Budget





Other S.E.L. Initiatives at LRES

- Positivity Project
- Calming Corner
- Brain breaks
- Quiet time
- Lunch bunch

SEL Screener & Partnering with Families

Ms. Lewandoski, School Social Worker

Agenda

- SEL Screener Overview and Application
- Understanding Student Results



Social Emotional Learning Across a Lifetime

- Families are our students first SEL teachers.
- SEL skills develop across a lifetime.
- Schools and families can partner to support the growth of SEL skills and wellness for all students.

Why Focus on SEL?

Supporting Students



Social Emotional Learning

- SEL leads to improved academic outcomes and behaviors
- SEL benefits are long-term and global
- Social and emotional skills help improve lifetime outcomes

CASEL.org

What Does the Screener Measure?





Supports & Environment

Valuing of School

Topic

Supportive Relationships
Belonging (3-12)
Cultural Awareness & Action
(3-12)
Engagement (K-2)



Skills & Competencies

Responsible Decision-Making
Self-Management
Social Awareness
Relationship Skills



Well-being

Challenging Feelings
Positive Feelings

Item

EX: "Overall, how much do you feel like you belong at your school?"

Topic: Belonging

Domain: Supports & Environments

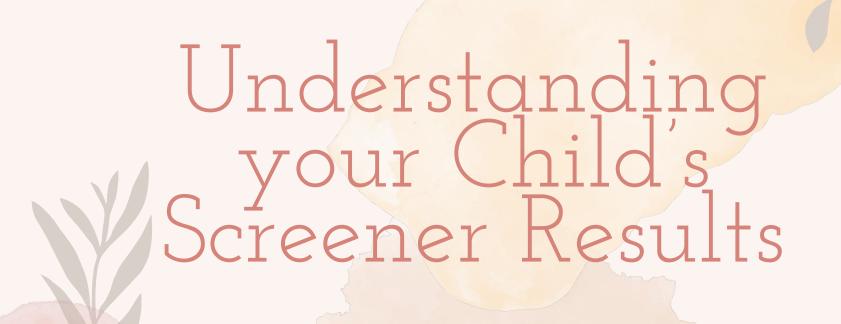
Additional Considerations

The SEL Screener is...

- a report of your student's experiences at a particular moment in time.
- a display of student strengths as they relate to SEL

The SEL Screener is not...

- a stand-alone assessment
- an evaluation of mental health



SEL Screener Parent/Guardian Report

Report includes:

- Name of Topics with a Description
- Average Ratings by Screener Topic

Ratings	Description
4.30-5.00	High Strengths
3.50-4.29	Strengths
2.00-3.49	Medium Strengths
Below 1.99	Low Strengths
"No Rating"	Student did not respond to questions for the topic.

Screener Topic	What Does this Topic Look Like?	Student's Average Rating
Responsible Decision-Making	Forming decisions that help me to be successful at my goals.	

Talking about the SEL Screener

- Focus on strengths
- Follow your student's lead
- End on a positive note
 - O What did your student learn about themselves?

Talking about the SEL Screener

Check out the FCPS <u>Family Guide</u>:

- Conversation starters
- Skill building strategies
- Additional resources to support SEL at home

For More Information:

- Contact your child's teacher or school-based counselor, psychologist, or social worker for questions about your particular student.
- For general information about the screener:
 - o FCPS Social and Emotional Learning
 - o FCPS Screener Report and Guide
- For more information on supporting SEL at home:
 - O CASEL: Our Children Are Leaders
 - O SEL At Home

Calming





Thanks!

What questions do you have?

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